# Indian Institute of Technology Kanpur Proposal for a New Course

1. Course Number: SOC4xx

2.	Course Title: Sociology of Ageing						
3.	Per Week Lectures: 3 (L). Tutorial: (0). Laboratory: (0)						
	Credits: 3-0-0-0 [9]						
	Duration of Course: Full Semester						
4.	Proposing Department: Humanities and Social Sciences						
	Other Departments which may be interested in the proposed course: n/a						
	Other faculty members interested in teaching the proposed course: n/a						
	Proposing Instructor: Esha Chatterjee						
5.	- ·						
6.	<b>Recommended Books and Articles:</b> Please see enclosed documents for information under 7.						
7.							
	D.4. 1. 22/5/2022						
	Dated: 23/5/2022 Proposer:						
Dated:	DUGC/DPGC Convener:						
	The course is approved /						
not approved							
Chairman, SUGC							
	Dated:						

## **Sociology of Ageing**

## 6. Course Description

# A) Objectives of the Course:

This course focuses on understanding social factors that shape the process of ageing. It will begin by discussing the key theoretical perspectives and research approaches in the field. Students will learn about how differences in cultural norms and expectations around ageing lead to differences in ageing experiences across contexts. Thereafter, empirical examples across contexts that use the life-course perspective will be used to highlight the role of early and mid-life experiences on certain outcomes in later life such as health and well-being. Finally, the course will end by giving a brief introduction to the ways in which technology can impact the process of ageing. Overall, the course will help students understand context specific differences in the experience of ageing and help them think about potential localized solutions by actively engaging in classdiscussions and doing hands-on projects.

#### B) Contents (preferably in the form of five to ten broad titles)

S. No	Broad Title	Topics	No of Lectures
1.	Introduction to the Sociology of Ageing	<ul> <li>Historical Trends in the Sociology of Ageing</li> <li>Theoretical Perspectives</li> <li>Population Ageing: Global Trends</li> </ul>	9
2.	Research Approaches to Ageing	<ul> <li>Cultural Model of Ageing via Design Thinking</li> <li>The Life Course Perspective</li> <li>Using Surveys and Interviews as Tools in Social Gerontology</li> </ul>	6
3.	Care Arrangements and Ageing	<ul> <li>Ageing in Place</li> <li>Caregiving and the Life Course</li> <li>Role of Family Caregivers</li> <li>Perception of Assisted Living amongst Older Adults in the Indian Context</li> <li>Transnational Caregiving</li> </ul>	7
4.	Ageing and Health	<ul> <li>Health and Ageing: Impact of Early Life Experiences on Health in Later Life</li> <li>Gender and Health Inequalities in Later Life</li> <li>Intergenerational Ties and Health in Later Life</li> <li>Social Ties and Loneliness in</li> </ul>	12

		Later Life	
5.	Socio- Gerontotechnology	<ul> <li>Key themes and Future Agenda</li> <li>Critical Frameworks of Ageing and Technology</li> <li>Empirical approaches to Ageing and Technology</li> </ul>	6
Total Nu	40		

## C) **Pre-requisite:** None

D) Short summary for including in the course of study booklet: This course provides an indepth understanding of the social dimensions of ageing. There are five central topics that will be covered: a) introduction to the sociology of ageing, b) research approaches to ageing, c) care arrangements and ageing, d) ageing and health, and e) socio-gerontotechnology. The first two themes will introduce the field by highlighting how it has emerged and evolved over the decades and discuss the theories and methods used in the broad field. The last three themes will focus more on empirical work on some contemporary applications in this field.

# 7. Recommended books and journal articles:

Settersten, R. A., & Angel, J. L. (Eds.). (2011). Handbook of sociology of aging.

Harris, D. K., The Sociology of Aging (Third Edition).

Łuszczyńska, M. (2020). Researching ageing: methodological challenges and their empirical background (p. 352). Taylor & Francis.

Lane, A. P. (Ed.). (2019). Urban environments for healthy ageing: a global perspective. Routledge.

Bengtson, V. L., & Settersten Jr, R. (Eds.). (2016). *Handbook of theories of aging*. Springer Publishing Company.

Peine, A., Marshall, B. L., Martin, W., & Neven, L. (2021). Socio-gerontechnology: Key themes, future agendas. In *Socio-gerontechnology* (pp. 1-23). Routledge.

Samanta, T. (Ed.). (2017). *Cross-cultural and cross-disciplinary perspectives in social gerontology*. Springer Singapore.

Scharlach, A. E., &Lehning, A. J. (2013). Ageing-friendly communities and social inclusion in the United States of America. *Ageing & Society*, *33*(1), 110-136.

Menassa, M., Stronks, K., Khatami, F., Díaz, Z. M. R., Espinola, O. P., Gamba, M., ... & Franco, O. H. (2023). Concepts and definitions of healthy ageing: a systematic review and synthesis of theoretical models. *EClinicalMedicine*, 56.

Tosi, M., & Grundy, E. (2021). Work–family lifecourses and later-life health in the United Kingdom. *Ageing & Society*, *41*(6), 1371-1397.

World Health Organization. (2018). The global network for age-friendly cities and communities: Looking back over the last decade, looking forward to the next (No. WHO/FWC/ALC/18.4). World Health Organization.

Ejlskov, L., Bøggild, H., Kuh, D., & Stafford, M. (2020). Social relationship adversities throughout the lifecourse and risk of loneliness in later life. *Ageing & Society*, 40(8), 1718-1734.

Hünteler, B., & Hank, K. (2023). Life-course generational placements and health and wellbeing in later life. *Ageing & Society*, 1-19

Foster, L., & Walker, A. (2021). Active ageing across the life course: towards a comprehensive approach to prevention. *BioMed Research International*, 2021.

Steels, S. (2015). Key characteristics of age-friendly cities and communities: A review. Cities, 47, 45-52.

Das, M. B., Yuko, A., Chapman, T. B., & Jain, V. (2022). Silver Hues.

Tripathi, A., &Samanta, T. (2024). Third Agers in India: Empirical Evidence From Longitudinal Aging Study in India (LASI), 2017–2018. *Journal of Applied Gerontology*, 43(4), 423-436.

Samanta, T., Chen, F., & Vanneman, R. (2015). Living arrangements and health of older adults in India. *Journals of Gerontology Series B: Psychological Sciences and Social Sciences*, 70(6), 937-947.

Holman, D., & Walker, A. (2021). Understanding unequal ageing: towards a synthesis of intersectionality and life course analyses. *European journal of ageing*, 18(2), 239-255.

Amoah, P. A., Osei-Tutu, A., & Adjei, S. B. (2022). Socio-economic and technological aspects of mental health of older persons: the role of strong and weak ties in Ghana. *Ageing & Society*, 1-23.

McMaughan, D. J., Oloruntoba, O., & Smith, M. L. (2020). Socioeconomic status and access to healthcare: interrelated drivers for healthy aging. *Frontiers in public health*, *8*, 231.

Paccoud, I., Nazroo, J., &Leist, A. (2020). A Bourdieusian approach to class-related inequalities: the role of capitals and capital structure in the utilisation of healthcare services in later life. *Sociology of health & illness*, 42(3), 510-525.

Kerr, J., Rosenberg, D., & Frank, L. (2012). The role of the built environment in healthy aging: Community design, physical activity, and health among older adults. *Journal of planning Literature*, 27(1), 43-60.

Kasper, J. D., Wolff, J. L., &Skehan, M. (2019). Care arrangements of older adults: What they prefer, what they have, and implications for quality of life. *The Gerontologist*, 59(5), 845-855.

Ahamed Golandaj, J., Goli, S., & Chandra Das, K. (2013). Living arrangements among older population and perceptions on old age assistance among adult population in India. *International Journal of Sociology and Social Policy*, 33(5/6), 367-379.

R. Brandhorst, L. Baldassar& R. Wilding (2019): The need for a 'migration turn' in aged care policy: a comparative study of Australian and German migration policies and their impact on migrant aged care, Journal of Ethnic and Migration Studies.

Wilding, R., &Baldassar, L. (2018). Ageing, migration and new media: The significance of transnational care. *Journal of Sociology*, *54*(2), 226-235.

Ceci, C., Brown, H. S., &Purkis, M. E. (2019). Seeing the collective: family arrangements for care at home for older people with dementia. *Ageing & Society*, *39*(6), 1200-1218.

McDermott, O., Orrell, M., & Ridder, H. M. (2014). The importance of music for people with dementia: the perspectives of people with dementia, family carers, staff and music therapists. *Aging & mental health*, 18(6), 706-716.

Isaacson, M., D'Ambrosio, L., Samanta, T., & Coughlin, J. (2015). Life-stage and mobility: an exploratory GPS study of mobility in multigenerational families, Ahmedabad, India. *Journal of aging & social policy*, 27(4), 348-363.

Ugargol, A. P., & Bailey, A. (2018). Family caregiving for older adults: gendered roles and caregiver burden in emigrant households of Kerala, India. *Asian Population Studies*, *14*(2), 194-210.

Bom, J., Bakx, P., Schut, F., & Van Doorslaer, E. (2019). The impact of informal caregiving for older adults on the health of various types of caregivers: a systematic review. *The Gerontologist*, 59(5), e629-e642.

Pavalko, E. K. (2011). Caregiving and the life course: Connecting the personal and the public. *Handbook of sociology of aging*, 603-616.

Wolff, J. L., Mulcahy, J., Huang, J., Roth, D. L., Covinsky, K., & Kasper, J. D. (2018). Family caregivers of older adults, 1999–2015: Trends in characteristics, circumstances, and role-related appraisal. *The Gerontologist*, 58(6), 1021-1032.