

(NEW) MESS MENU (HOSTEL, NO-VIII) - (DATE - 26-12-2017)**MESS TIMING:- BREAKFAST----7.30 AM TO 10.15 AM (SATURDAY & SUNDAY-----8.00AM TO 10.30AM)****LUNCH-----12.30PM TO 2.30PM****DINNER-----7.30PM TO 9.30PM**

DAYS	BREAKFAST	LUNCH	DINNER
DAILY (COMPULSORY)	FOR THE OPTIONS IN THE BREAKFAST PLEASE LOOK THE BREAKFAST OPTIONS (SEPARATE PAGE)	ROTI (PLAIN & BUTTER), SAMBAR, BOILED RICE, SALAD, PLAIN DAL	ROTI(PLAIN & BUTTER), RASAM, SALAD, BOILED RICE, PLAIN DAL
MONDAY	DAL, MIX VEG, ALOO- PARATHAS,TOMATO SAUCE, GREEN CHUTNEY,IMLI CHUTNEY	ALOO PALAK DRY, RED MASHOOR DAL, CURD / FRUITS / KHEERA RAITA EXTRA: EGG OMLETTE CURRY	ALOO TOMATO MATAR- Thick gravy Or Dry, MOONG DAL WITH VEGETABLES , COCONUT RICE, NORMAL RICE EXTRA: GALAWATI KEBAB & ULTA TAWA PARATHA/MUTTON CURRY, GAJAR KA HALWA, PANEER PASANDA
TUESDAY	UPMA / (UTTAPAM, SAMBAR, NARIYAL CHUTNEY)	CABBAGE WITH ALOO MATAR, PALAK DAL , CURD/ FRUITS EXTRA: IMARTI RABDI/RICE PANCAKE WITH CONDENSED MILK OR CHAWAL KA MEETHA PARATHA	CHOLE KULCHE, LEMON RICE / [POORI(AATA & MAIDA & STUFF KACHOURI), CHANA DAL WITH COCONUT, ALOO TOMATO CURRY, TAMARIND RICE, KHEER/ SEWAI EXTRA: MALAI MENTHI CHICKEN / CHICKEN KALI MIRCH, SWEET CORN SOUP
WEDNESDAY	IDLI, VADA (2 Pcs.), SAMBAR, NARIYAL CHUTNEY,	MIXED VEGETABLE CURRY, MIX DAL, CURD/FRUITS EXTRA: REHU KALIA CURRY, SHAHI TOAST, CHILLI HONEY POTATO	MIX VEG, DAL MAKHANI EXTRA: MUTTON REZALA/BUTTER CHICKEN, RASMALAI, PANEERA TIKKA MASALA/LITTI CHOKA
THURSDAY	(BOMBAY SANDWICH, VEG SANDWICH) / (CHILLA WITH TOMATO SAUCE + GREEN CHUTNEY)	ALOO JEERA , OR ALOO SARSO KA SAAG DRY KADHI PAKODI, CURD / FRUITS / DAHI -VADA/ EXTRA: CHICKEN CURRY /ALOO CHICKEN CURRY , DOUBLE KA MEETHA	KADHAI PANEER , KASHMIRI PULAV ,STUFFED NAAN, TANDOORI ROTI, AATA NAAN, FRENCH FRIES, MIX GREEN SALAD,VFRUIT CUSTARD / PINEAPPLE RAITA EXTRA: CHICKEN KORMA / MURG MALAI TIKKA
FRIDAY	POORI (AATA + MAIDA), ALOO MATAR	ALOO GOBI GRAVY ,CHANA DAL, CURD/ BOONDI RAITA / FRUITS / EXTRA: KATLA FISH CURRY	ONION SAGA WITH ALOO, (MAIDA + AATA PARATHA) ARHAR DAL TADKA, COCONUT CHUTNEY EXTRA: MUTTON DUM BIRYANI, TAWA PANEER ,
SATURDAY	MASALA & ONION DOSA, SAMBAR, NARIYAL CHUTNEY,	ALOO, MIX VEG, MENTHI- PARATHAS, ALOO SEM KI SABJI,CHANA DAL, IMLI CHUTNEY (Sweet& Sour), CURD / FRUITS EXTRA: SHAHI EGG CURRY, PANEER PARATHA	KHICHDI, GOBI MATAR DRY, MASOOR DAL ONION PAKODA / CABBAGE PAKODA EXTRA: FISH FRY / CHICKEN KASHA , BOONDI LADDU
SUNDAY	POHA RICE, DAHI, JALEBI EXTRA :- BHUJIYA	METHI MALAI PANEER ,MUNG DAL, PAPAD (Roasted/Fried),CURD/ FRUITS EXTRA: SPECIAL NON VEG ITEM (FISH/MEAT)...etc.,	CABBAGE WITH ALOO MATAR, ARHAR DAL TADKA , BRINJAL PAKODA)/ALOO PAKODA (with & without besan), GREEN CHUTNEY, GULAB JAMUN EXTRA: CHICKEN DUM BIRYANI
SICK DIET	KHICHDI, CURD, BAKED POTATO, ONION POTATO, BOILED POTATO, BOILED SUBJI, ROTI, MILK (200ML), BREAD.		
ON EXTRA COUPON	1-OMLETTE, FULL FRY, HALF FRY, EGG BHUJIYA, BOILED EGG, EGG ALOO, EGG FRIED RICE, BREAD OMLETTE. (EGG COUNTER)		
	2-FRIED RICE, JEERA RICE, FRIED POTATO, DCBM, TOMATO CURRY BUTTER DAL FRY, DAL FRY, PANEER BHUJIYA. (VEG COUNTER)		

Please note that “/” INDICATES THAT THE ITEMS WILL BE SERVED ALTERNATIVE WEEKS.

MESS SECRETARY