

Days	Breakfast	Lunch	Dinner
Daily	Tea/Milk Cornflakes, Sprouts, Bread With Butter /Jam, Boiled Egg, Daliya	Chapatti (Plain &Butter),Rice, Salad, Pickles, Curd / Fruits,	Chapatti (plain & Butter), Rice, Salad, Pickles
Monday	Halwa Chana/ Sandwich (Veg and Aloo)	Loki Ki Sabji , Mix Daal chach Extra : <i>Peda Egg Biryani, Tava Paneer</i>	Stuff Sabji (Karela ,bhindi Arbi baigan tamatar simla)(any three itemes),Arhar Dal Extra : <i>Chicken Fried Rice, , ImratiRabri</i>
Tuesday	Uttapam, Sambhar, Nariya chutney	Aloo-Baingan, Dal makhani Sweet : Handi Paneer, <i>Dudh Barfi/ Besan Chakki</i>	Matar Paneer, Moong Ki Sabji Paratha Extra : <i>Moong Dal Halwa</i>
Wednesday	Moong dal chilla	Bhindi , Moong dal (Chilka) , Jeera Rice, Curd Rice Extra <i>Chicken TikkaVeg kabab</i> Sweet : <i>Rasgulla/Besanladdu</i>	Chola, Kulcha+Kachodi, Gulab jamun Extra : <i>Mutton Curry,palak pakori</i>
Thursday	Idli & SambharVada, Nariyal Chutney	Allo - Matar, Lemon Rice, Kala Masoor Dal, Lassi Extra : <i>Egg Biryani,</i> Sweet : <i>Chhena Sandwich</i>	Taroi ki Sabji Dal Fry , Extra : <i>Veg Biryani,Chicken Kali Mirch</i>
Friday	Aloo Paratha, Matar paratha ,Green Chutney, Curd, Pickle	Aloo Palak, Rajma,Pyaj Tamatar Raita,Curd Extra : <i>Fish Curry</i> Sweet : <i>Milkcake/Kalakand</i>	PuriAloo Sabzi, Kheer (Thanda) Extra : <i>Chicken Biryani,Litti chokha</i>
Saturday	Dosa - Sambhar, Nariyal Chutney	Arhar Dal, AlooLobia, Lauki Raita, Extra : <i>Egg Curry,</i> Sweet : <i>Loki Burfi</i>	Malai Methi Paneer , Lal Masoor dal, Pulao,MissiRoti+Naan Extra : <i>Chilli Chicken,</i>
Sunday	Poha-Jalebi, Curd Extra : <i>Namkeen</i>	Paratha (Aloo, Mix-Veg, Dal), Papad, Chola,Meethi Chutney Extra : <i>Dahi Bada/Gujiya</i> Sweet : <i>khoyaGujiya</i>	Allo Palak French Fry , Dal Makhani, Extra : <i>chicken curry,Veg Biryani</i>