

Title: Psychosocial Stress among Pregnant Women: An Exploratory Cross-Sectional Survey of
Reproductive and Physical Health in a Peri-Urban India

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This study aims to measure psychosocial stress among pregnant women and its effect on maternal and child health. The pilot study is over and we have finalized the tools of measuring psychosocial stress among pregnant women and. The study is being conducted in selected villages of Chaubepur Development Block of Kanpur district. The villages form a peri-urban community where influences of rural culture and urbanization are juxtaposed. Psychosocial stress is being measured through a psychometric test as well as the cortisol test (saliva). Repeated measurements of stress will be used to predict maternal and child health.